

Race Date  
January 08, 2023

Bigi Broki Waka 2023  
Age Group Results

**10 KM**

Meisjes Junioren

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Aby-Jo Winter	AV Wageningen	4	50:38.0

Dames Senioren

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Marlinda Van Beek	Gazelle	1	45:46.7
2	Paulien Kok	Gazelle	2	46:26.6
3	Yana Alvarez Hensen	Individueel	5	51:35.7
4	Janneke Jacobs	Individueel	8	57:13.7
5	Cynthia Dekker	Amusukang	15	1:02:26.7
6	Rachel De Jong	Gazelle	16	1:02:56.0

Dames 35+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Bronwijn Lee	Individueel	3	46:37.0
2	Lycke Woittiez	Run 4 Fun	6	55:30.8
3	Niekie Spoorenberg	Individueel	9	57:20.8
4	Alicia Helai	Individueel	11	59:28.6
5	Charmaine	Amusukang	13	1:01:10.8
6	Zahira Jahangier	Individueel	17	1:03:39.1
7	Mielie Pokario	MTF	19	1:05:49.7
8	Xaviera Marica	Individueel	20	1:06:26.3
9	Marjon Dilweg	Individueel	24	1:12:29.3
10	Cindy Uden	Run 4 Fun	27	1:17:31.6
11	Giselle Helou	Individueel	28	1:21:11.6

Dames 45+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Theresa Bonoo	Gazelle	7	56:32.3
2	Isabelle De Boer-Buurman	Individueel	12	1:00:32.5
3	Joan Sjiemfat	Individueel	14	1:01:30.3
4	Irmgard Zschuschen	Individueel	21	1:07:16.9
5	Marieke Heemskerk	Individueel	23	1:08:44.5
6	Claire Antonius	Individueel	25	1:12:44.7
7	Choewen Cheung	Individueel	26	1:12:49.9

\*Overall place within gender

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Dames 55+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Tanya Frijmersum	Individueel	10	57:27.0
2	Doelarie Ratchasing	Gazelle	18	1:04:25.4
3	Brigitte Rijsdijk	Individueel	22	1:08:23.5

\*Overall place within gender

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### 10 KM

#### Jongens Junioren

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Dexter Koorndijk	Individueel	66	1:15:19.9

#### Heren Senioren

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Shaquille Pikientio	Individueel	1	37:37.1
2	Sercio Hunswijk	Renvosu	2	41:00.9
3	Marvin Wijngaarde	Individueel	12	52:08.1
4	Asutosh Sital	Cardio Attack	16	53:08.0
5	Chaim Bhagwandin	Individueel	17	53:09.6
6	Samaki Pinas	Individueel	23	56:50.9
7	Maxine van der Meer	Individueel	25	57:50.7
8	Ot Godliep	Amusukang	26	57:51.1
9	Giovanni Pracht	Individueel	27	58:21.5
10	Jövan Samson	Individueel	32	59:55.4
11	Stefano Parra	Amusukang	35	1:01:11.0
12	Mico D. A. Saleh	POGQ	38	1:02:04.2
13	Vikash Bholanath	Individueel	40	1:02:19.8
14	Joeri Lieuw	TESC	41	1:02:31.2
15	Ricky van der Veeken	Individueel	42	1:02:48.4
16	Ravanelli Van Genderen	Individueel	44	1:03:31.2
17	Marc Adjako	Yu-Sin Taekwondo	46	1:03:53.6
18	Chevaro Kloppenburg	Individueel	50	1:06:44.3
19	Kenny Ka Wei Lam	Individueel	54	1:08:02.4
20	Narendra Kalloe	Cardio Attack	56	1:08:47.3
21	Kishan Ramparichan	Individueel	67	1:18:52.6
22	Milad Elias	Individueel	68	1:21:12.4

#### Heren 35+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Lionel D'andrade	Individueel	3	41:43.0
2	Jermain Sabajo	Individueel	4	43:57.9
3	Valdano Samson	Kuldipsingh Group	5	44:17.3
4	Wilfred Visser	Individueel	7	47:51.4
5	Bart Van Cohuizen	Suriname Front	8	49:43.9
6	Dominique Liauw Anjie	TESC	10	51:00.9
7	Arnold Troenodrono	Individueel	11	51:20.8
8	Marcello Ristra	Individueel	20	54:31.2
9	Sachin Autar	Individueel	22	56:16.0

\*Overall place within gender

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#### Heren 35+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
10	Patrick Polak	Individueel	29	58:39.4
11	Marvin Fonkel	Individueel	34	1:00:41.7
12	Enver Lieuw	TESC	36	1:01:13.1
13	Kenneth Van Genderen	Individueel	48	1:05:05.1
14	Rolf Verwey	TESC	51	1:06:46.9
15	Arvind Bachoe	Individueel	57	1:09:03.7
16	Vikram Sardjoe	Individueel	62	1:10:36.1
17	Kevin Zhu	Individueel	69	1:28:36.0

#### Heren 45+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	Clifton Kempes	The Cul Crew	6	47:03.3
2	Anwar Jap-A-Joe	Gazelle	15	52:51.7
3	Maarten Van Betuw	Racepace	18	53:24.2
4	Serge Tjon	Run 4 Fun	19	53:44.0
5	Guido Koorndijk	Individueel	21	54:52.4
6	Edward Willemsen	The Pitbull Box	24	56:58.3
7	Patrick Ernst Hew	BBBB Riders	28	58:34.2
8	William Jean Jacques	Individueel	43	1:03:18.8
9	Kwame Van Der Hilst	Individueel	47	1:04:55.7
10	Mark Kortram	Individueel	49	1:05:34.7
11	Martin Kross	Individueel	58	1:09:11.1
12	Gregory Zaalman	Individueel	61	1:09:45.4

#### Heren 55+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
1	René Rijger	Pathan	9	50:47.3
2	Anthony Del Prado	Gazelle	13	52:09.0
3	Paul Brahim	Individueel	14	52:49.0
4	André Daal	Individueel	30	58:46.7
5	Antonius Pijpers	Individueel	31	59:04.0
6	Patric Timpico	Individueel	33	1:00:19.3
7	Ronald Zschuschen	Individueel	37	1:01:50.6
8	Henri Kramer	Individueel	39	1:02:07.9
9	Sean Fillacier	Individueel	45	1:03:43.4
10	Jules Emanuels	Individueel	52	1:07:17.8
11	Dennis Lim A Po	Individueel	53	1:07:55.6
12	Philip Liverpool	Individueel	55	1:08:45.0

\*Overall place within gender

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#### Heren 55+

<u>Place</u>	<u>Name</u>	<u>Club</u>	<u>Overall*</u>	<u>Time</u>
13	Rouel Nabibaks	Run 4 Fun	59	1:09:12.3
14	Henk Diran	Individueel	60	1:09:35.5
15	Arbagie Salim	Individueel	63	1:11:16.0
16	Vinodh Budhulac	Run 4 Fun	64	1:12:10.1
17	John De Miranda	Individueel	65	1:13:19.2

\*Overall place within gender